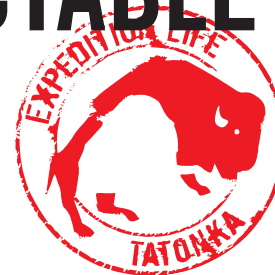


A LONGING TO SWAP OUR COMFORTABLE, SAFE EVERYDAY LIVES FOR WILD, UNPREDICTABLE NATURE – THAT’S THE GREAT OUTDOORS.



Perhaps it is the fact that we usually lead such protected, safe lives that draws us towards the nature of the great outdoors// We leave our “safety zone” and set off into a world where there is no net to catch us if we stumble. No red traffic lights, no seatbelt, no doctor around the corner. But it is very important that safety has the highest priority when planning your expedition. How far away is the nearest mountain refuge? Is there a fast way out of the depths of a forest or do we have to rely on emergency bivouac shelter? We take lots of equipment

with us solely for the case of an emergency, such as warm clothing in summer in case the weather takes a turn for the worse.

We should pay special attention to having the right first-aid kit, which contains everything that you might need if the worst happens. As in any extreme situation, a first-aid kit is crucial to the health and life of the expedition participants. So don't make any compromises when it comes to ensuring it is complete, of good quality and fast and easy to access.



Find out more online:
www.tatonka.com





**IF THE WORST HAPPENS, AT
LEAST WE'RE PREPARED:
FIRST AID BY TATONKA AND
OUTDOORSCHULE SÜD.**



“SAFETY FIRST” MEANS CAREFUL TOUR PLANNING, THE BEST MATERIAL FOR EMERGENCIES AND THE NECESSARY KNOWLEDGE OF WHAT TO DO WHEN THE WORST HAPPENS.



When was the last time you had a look inside the first-aid kit in your car? // Do you know how important this material is? Hmm, you'll say, in my car I have my airbag etc. and I feel really safe inside. But if something happens to you during your outdoor activities, we want you to have more than what an average first-aid kit offers. This is why we have developed a first-aid system together with the Outdoorschule Süd, which really sets new benchmarks. **Three examples:**

TATONKA uses a pair of emergency bandage scissors, which cuts excellently, and not the typical dummy type found in most bandage sets.

TATONKA uses a high quality, sterile dressing pack with non-sticky wound dressing and not a simple gauze bandage.

TATONKA uses a triangular cloth made of sturdy fabric and not low-quality fleece, for the following reasons: our viscose material doesn't tear during transport of the injured person and it can absorb water to cool burns. Compare it yourself and see the differences.

Our partners // The **Outdoorschule Süd e. V.** in Hinterzarten is the largest provider of outdoor emergency management in German-speaking countries. In realistic outdoor emergency training sessions, the association teaches special knowledge, which goes far beyond the contents of customary first-aid courses. More information on the seminar schedule can be found on their website at www.outdoorschule-sued.de.

The first-aid kits are packed by people with disabilities at the Ulrichwerkstätten Schwabmünchen.

OUTDOOR
s c h u l e s ü d

verpackt von Menschen
mit Behinderung
UWA
Schwabmünchen



The most important four benefits at a glance:

1. // The compact **TATONKA** first-aid products have neither a lack of room, nor unnecessary empty space. The bag is exactly tailored to fit the contents and is clearly divided into sections.
2. // The **TATONKA** bag is filled and delivered already packed. That is not only practical because you don't have to organise everything in the right order before your tour – in an emergency it is also essential for survival because you'll have what you're looking for immediately close to hand.
3. // The contents were selected after taking into consideration the emergency medical usability, even under adverse conditions. In short: uncompromising best quality.
4. // The first-aid crib sheet by the Outdoorschule Süd gives valuable support in emergency situations, which can be understood immediately. A checklist featuring information to help with individual additions and regular checks is also an integral part of all kits.

Find out more online:
www.tatonka.com

Outdoor first-aid in black and white:

Sprained ankle or broken arm? Acute stomach-ache or an allergic reaction? Not too much of a serious problem if you can get to a hospital or alert the emergency services quickly. But what happens when you're out and about in the middle of a forest, in the mountains or the desert? If you love nature then you shouldn't only be aware of the dangers that lurk, but also be able to administer practical first aid when things get really risky.

In order for you to be able to really help in an outdoor emergency, the first-aid kit should be well equipped, but you should also have the necessary knowledge. Regular emergency training is recommended, for example in seminars by the **Outdoorschule Süd**.

Another in-depth reference is the book **"Erste Hilfe Outdoor"** (written in German) by Peter Oster, an experienced trainer from the **Outdoorschule Süd**, who incidentally also supported us with the development of the **TATONKA** first-aid kits and the crib sheet inside every kit. The guide book shows simply and clearly what is important for outdoor emergency management – from the training to the equipment, down to the actual first aid.

If you also want to be able to confidently administer first aid in outdoor situations, have a read of **"Erste Hilfe Outdoor"** (in German, published by **ZIEL-Verlag**, ISBN 978-3-940562-02-9).



More information on the ZIEL Verlag book collection and ordering can be found online at www.ziel-verlag.de
(Tel. +49 (0) 8388-980664, Fax +49 (0) 8388-980665)



OUTDOOR
schule süd



First Aid Complete The perfect first-aid equipment for all outdoor activities. The full features in terms of safety are particularly recommended for use "off the beaten track", where fast-acting medical attention is not guaranteed. When administered correctly, first aid can prevent problems in the future and in an emergency situation there's no time to make your way to the nearest doctor to wait for help. First Aid Complete is designed for up to four people and expeditions of up to 7 days. But that doesn't mean you shouldn't take any less care on your travels.

Contents: 1 × Hansaplast wound plaster 50 × 6 cm, 1 × dressing 60 × 80 cm, 1 × fixation plaster 30 × 15 cm, 3 × SAN wound compress, 10 × 10 cm, non-adhesive, 1 × first-aid outdoor set of instructions, 1 × checklist, 10 × alcohol swabs, 1 × straight pair of bandage scissors, sharp/blunt, 1 × pair of tweezers 9 cm, 1 × rescue blanket 160 × 210 cm, 2 × pairs of vinyl gloves, 1 × roll of sport tape 10 m × 2.5 cm, 1 × triangular bandage (viscose), 1 × large bandage pack, non-adhesive compress, 1 × medium bandage pack, non-adhesive compress **Material:** 420 HD Nylon

No	Color	Dimensions	Weight
2716	015 red	18 × 12,5 × 5,5 cm	500 g



First Aid Advanced Fully equipped first-aid kit for all of those in a position of responsibility. The Outdoorschule Süd designed this kit especially with group or tour leaders in mind. Its contents are just as extensive – and are designed to cover first-aid requirements for up to six people on tours of less than 14 days. But take note: It doesn't just suffice to have the right material with you. It's just as important to know how to use it properly. We also recommend training sessions by the Outdoorschule Süd.

Contents: 1 × medium-sized bandage pack, non-adhesive compress, 1 × medium-sized dressing, non-adhesive compress, 1 × dressing 60 × 80 cm, 1 × medium stretch bandage 8 cm, 5 × SAN wound compresses 10 × 10 cm, non-adhesive, 1 × triangular bandage (viscose), 1 × fixation plaster 30 × 15 cm, 1 × Hansaplast wound plaster 50 × 6 cm, 1 × roll of sport tape 10 m × 2.5 cm, 5 × Compeed blister pads, 10 × alcohol swabs, 1 × pair of tweezers 9 cm, 1 × pair of straight bandage scissors, sharp/blunt, 3 × pairs of vinyl gloves, 1 × flexible fever thermometer NexTemp, 1 × SAM splint, 1 × rescue blanket 160 × 210 cm, 1 × first aid outdoor set of instructions, 1 × checklist **Material:** 420 HD Nylon



First Aid Compact The first aid basic equipment for two. The materials here have also been compiled into a compact kit based on the rules of the Outdoorschule Süd. This kit is designed for expeditions lasting one to three days.

Contents: 2 × wound dressings 10 × 6 cm, sterile, 1 × Hansaplast wound plaster 20 × 6 cm, 1 × SAN wound compress 10 × 10 cm, non-adhesive, 10 × alcohol swabs, 1 × first-aid outdoor set of instructions, 1 × checklist, 1 × straight pair of bandage scissors, sharp/blunt, 1 × tweezers 9 cm, 1 × rescue blanket 160 × 210 cm, 2 × pairs of vinyl gloves, 1 × large bandage pack, non-adhesive compress, 1 × Leukoplast® plaster roll 5 m × 1.25 cm, 1 × triangular bandage (viscose) **Material:** 420 HD Nylon



First Aid Advanced 2718 015 red 24 × 15,5 × 7,5 cm 700 g



First Aid Compact 2714 015 red 16 × 11 × 4,5 cm 390 g





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Bergsteiger
TIPP
Top



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First Aid Basic Basic first aid equipment. This kit contains daytrip basic equipment for one person – perfectly tailored to the purpose and clearly stored away. After all, the Outdoorschule Süd has not only passed on its expertise to the “big first-aiders”.

Contents: 1 × medium-sized bandage pack, non-adhesive compress, 2 × wound dressings 10 × 6 cm, sterile, 1 × Leuko-plast® plaster roll 5 m × 1.25 cm, 5 × plaster strips 7.2 × 2.5 cm, 1 × pair of vinyl gloves, 1 × rescue blanket 160 × 210 cm, 1 × first-aid outdoor set of instructions, 1 × checklist **Material:** 420 HD Nylon

First Aid Basic Waterproof The minimum equipment in a waterproof case. Stocked for one person and designed for use on daytrips. The waterproof case ensures that even in snow, rain or use on the water, when canoeing for example, the material also stays dry and usable.

Contents: 1 × medium-sized bandage pack, non-adhesive compress, 2 × wound dressings 10 × 6 cm, sterile, 1 × Leuko-plast® plaster roll 5 m × 1.25 cm, 5 × plaster strips 7.2 × 2.5 cm, 1 × pair of vinyl gloves, 1 × rescue blanket 160 × 210 cm, 1 × first aid outdoor set of instructions, 1 × checklist **Material:** 420 HD Nylon

Nº



First Aid Basic

2708

015 red

18 × 12,5 × 5,5 cm

230 g

Nº



FA Basic Waterproof

2710

015 red

∅ 24 × 40 cm

200 g



OUTDOOR
s c h u l e ' s ü d



First Aid Sterile Additional first-aid kit, especially for long-distance journeys. Of course we're not suggesting you should put the scalpel or hypodermic needle to use yourself. But depending on your destination, the medical provision can greatly vary depending on local conditions. The sterile materials make sure that sufficient medical provision is guaranteed in regions where the hygienic conditions are less than ideal. Simply hand over the contents to the responsible doctor.

Contents: 1 × disposable scalpel, 1 × surgical gloves, sterile, size 7.5, 1 × thread 2/0 non-absorbable (Seralon), 1 × Vasofix catheter G16, 2 × Vasofix catheters G18, 1 × Vasofix catheter G20, 1 × infusion system, 5 × G20 hypodermic needles, 2 × 10 ml syringes, 2 × 5 ml syringes, 2 × 2 ml syringes **Material:** 420 HD Nylon



First Aid School First aid kit for children. With this kit, your offspring will be ideally prepared for an “emergency” in their lunch break. Dino plasters are sure to work wonders. And of course your little ones will also feel a lot safer if they can treat themselves on their way to school. With the mini-carabiner, the First Aid School kit can also be firmly attached everywhere – preferably onto one of the great TATONKA school satchels of course.

Contents: 1 × elastic gauze bandage 6 cm, 1 × small bandage pack, non-adhesive compress, 1 × compress 5 × 5 cm, non-adhesive, 1 × roll of silk plasters 2.5 cm × 5 m, 4 × Dino motif plaster strips 7.2 × 1.9 cm **Material:** 420 HD Nylon



First Aid Mini Little emergency helpers can also work wonders. Just using the tick tweezers in time can prevent the worst from happening if you end up in the wrong place at the wrong time. But of course the First Aid Mini kit also covers the many little scratches and scrapes that could happen along the way.

Contents: 1 × plaster strips 7.2 × 2.5 cm, 5 × small bandage packs, non-adhesive compress, 1 × tick tweezers, 1 × roll of sticking plaster 5 m × 2.50 cm, 2 × wound plasters 10 × 6 cm, elastic **Material:** 420 HD Nylon

Nº



First Aid Sterile

2712

015 red

18 × 12,5 × 5,5 cm

260 g

Nº



First Aid School

2704

015 red

14 × 10 cm

65 g

First Aid Mini

2706

015 red

10 × 7 × 4 cm

120 g



M / 015

S / 015

XS / 015

First Aid XS/S/M First-aid bags in three sizes (without contents) – Ideal for all of those who wish to choose their own contents. Depending on the size, the features vary – from the simple insert pocket (XS) down to the fold-out inside section with insert and zip compartments in different sizes (S/M). The two bigger models have an all-round zip, which guarantees a good overview and easy access. All first-aid bags can be carried comfortably by the attachment loops on the hip strap of the rucksack. So they're never in the way, but always close at hand.

Features: First-aid bags (without contents) with all-round zip fastener Fold-out inside section Two attachment loops Insert compartment in various sizes Zipped mesh pocket **Material:** 420 HD Nylon

	Nº	Color	Dimensions	Weight
First Aid XS	2807	015 red	10 × 7 × 4 cm	65 g
First Aid S	2810	015 red	18 × 12,5 × 5,5 cm	140 g
First Aid M	2815	015 red	24 × 12,5 × 6,5 cm	160 g



20 l / 015



Rettungsdecke A must-have item. The TATONKA rescue blanket is made of an aluminium-steamed PE foil, which strongly insulates and reflects the body's own heat. A rescue blanket can be vital for people who have just been rescued.

Features: Highly insulating aluminium-steamed PE foil Packaged very small
Material: Aluminium-steamed PE foil



027

First Aid Pack Emergency rucksack for outdoor use (without contents). The TATONKA rucksack for emergency situations was especially designed for outdoor use and, thanks to the padded carry system and waist strap, can also be carried to difficult to access locations. The all-round zip fastener means that it is always easy to access the contents quickly and you will have an ideal overview of the sensible compartments for bandages, medication and other first-aid items. The First Aid Pack can always be individually filled, depending on the type of tour you have planned.

Features: Sensible division into compartments for bandages, first-aid items and medication (not included) Back carrying system Waist strap
Material: 420 HD Nylon

Alu-Sitzkissen Warming base for sitting on. The PE-foam covered in aluminium foil is the ideal cushioned base for when you're on the go. It is as light as a feather and reflects your own body heat, which makes it perfect for use on cold and dirty grounds.

Features: 1 PE-foam covered in aluminium foil **Material:** Aluminium foil



First Aid Pack

2730

015 red

45 × 37 × 22 cm

20 l

2,65 kg

Rettungsdecke

2985

028 gold

210 × 160 cm

50 g

Alu-Sitzkissen

2973

027 silver

35 × 45 cm

30 g